

FiberCleanse



FiberCleanse is a blend of soluble and insoluble food fibers, from psyllium husk, beet, soy and other proprietary herbal blend. This gentle formula contains fiber as well as supportive herbs to assist the fiber in its work.

Features:

- Contains both soluble and insoluble fiber from 12 natural sources.
- Contributes to your daily recommended allowance of fiber.
- Fiber-rich food helps add bulk to food to create a feeling of fullness and improves bowel movement.
- A convenient way for those who seldom take fruits and vegetables to get more fiber.

Directions:

Stir 1 serving into 8 oz. of water, drink 1 serving half hour before breakfast or bedtime. Drink an additional 8 oz. of water immediately following each serving and additional water throughout the day.