



C-Complex/ C-Chewable

C-Complex and C-Chewable are formulated with acerola cherries and rosehips. It has a special buffering system to control acidity, so that it is more gentle on the stomach, teeth and gum.

Features:

- Acerola cherries and rosehips are some of the best sources of vitamin C found in nature.
- Gives you the vitamin C you need for one whole day.
- Vitamin C is one of the essential nutrients for normal development and maintenance of bones, cartilage, skin, teeth and gums.
- C-Complex contains lemon bioflavonoids, rutin and hesperidin for additional nutritional benefits and better absorption.
- C-Chewable is available in delicious cherry-flavored chewable tablets.
- Alcohol, caffeine, stress, smoking and second-hand smoking can deplete the body of vitamin C.
- Is a convenient way to help replenish vitamin C when your diet is lack of vegetables or fruits.

Directions:

C-Complex: Take 1 tablet daily as a dietary supplement.

C-Chewable: Take 1 chewable tablet 3 times daily.